

## Box Like Pros

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### Box Like Pros

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Box Like the Pros. From BoxRec. Jump to:navigation, search. By Joe Frazier & William Dettloff; ISBN 0060817739; Format: Paperback, 216pp; Pub. Date: November 2005; Publisher: HarperCollins Publishers; FROM THE PUBLISHER Smokin' Joe Frazier shares the same training techniques and tips that he used in his hall-of-fame career to go 32-4-1 with ...

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Box Like the Pros is a wonderful tool, but even Frazier admits that nothing will be better than finding the right gym and the right trainer. He submits a whole chapter in finding the right place and the right person to train with.